

Albert Pessó
Strolling Woods on Webster Lake
Lake Shore Drive
Franklin NH 03235
Tel (603) 934-5548 Fax (603) 934-0077
Email pbsp1@aol.com Website www.pbsp.com

Date of Birth: September 19, 1929
Place of Birth: New York, New York
Citizenship: USA
Married, 3 adult children, 4 grandchildren

Education

1967 B.S. in Psychology, Goddard College, Plainview, VT
1963 Emerson College, Boston, MA
1950-51 Davis & Elkins College, West Virginia
1949-50 Bennington College, Bennington, Vermont, scholarship student
1948-49 Scholarship Student, Martha Graham School, New York, NY
1946-48 Scholarship Student with May O'Donnell and Gertrude Schurr
Dance Studio, New York, NY
1942-46 Stuyvesant High School, New York, NY

Professional Positions

1971 to Present
President of the Psychomotor Institute, Inc.
Senior Trainer
Psychomotor Institute, Inc.

1972 to Present
Senior Trainer in Psychomotor Therapy (PBSP)
Long term certification training programs for practicing psychotherapists
in the United States, The Netherlands, Belgium, Norway, Switzerland,
Germany, Israel, Denmark, The Czech Republic and Brazil.

1975-1978

Adjunct Professor

Fielding Institute, Santa Barbara, CA

1960-1972

Tenured Associate Professor

Director of Dance Division in Theater Department

Emerson College, Boston, MA

Also choreographed 7 musicals

1970-1971

Director of Psychomotor Therapy

New England Rehabilitation Hospital, Pain Unit, Boston, MA

1965-1973

Director of Psychomotor Therapy

McLean Hospital, Belmont, MA

Psychomotor therapist for patients and led several in-service training

Programs in Psychomotor for staff members

1963-1968

Consultant in Psychiatric Research,

Veterans Administration Hospital, Boston, MA

Working under Charles Pinderhughes MD, Chief of Psychiatric Research
on a grant to explore Psychomotor therapy

1961

Co-founded Psychomotor therapy (PBSP) (with spouse Diane Boyden-Pesso)

1956-1963

Co-Director of Dance (with spouse Diane Boyden-Pesso)

The Dance Center - emotional and creative movement studios, Quincy and
Boston MA

1959-1963

Director and Choreographer

Pesso Dance Company, concert dance group

1953-56

Choreographer and Professional Dancer

Several NYC off-Broadway shows and numerous performances in the US

1952-53

Dance Soloist and actor

National touring company, "Kiss Me Kate"

1950-51

Instructor of Dance

Davis and Elkins College and Elkins School of Dance
Elkins, West Virginia

Choreographer

West Virginia State Forest Festival

Books

Pesso, Albert. Movement in Psychotherapy; Psychomotor Techniques and Training. XII,221. New York: New York University Press, 1969 and London: University of London Press Ltd, 1969; Translated: 'Psychotherapie en Beweging: Psicomotorische Technieken en Training' edited by Bert Bakker, Amsterdam, 1976

Pesso, Albert. Dramaturgie des Unbewussten. edited by Tilmann Moser, Stuttgart, Germany: Klett-Cotta, 1986

Pinderhughes, Charles, Reyna, Leo, Pesso, Albert and Pederson, James. Systematic Psychomotor Therapy. Unpublished manuscript. Belmont MA: Medical Library, McLean Hospital, 1969

Pesso, Albert. Experience in Action : A Psychomotor Psychology. New York: New York University Press, 1973; Translated : 'Dramaturgie des Unbewussten'. Stuttgart, Germany: Klett/Cotta, 1986 by Tillman Moser with addition of chapter 8 of Movement in Psychotherapy, 1969 and an Introduction by Tilmann Moser. 1973

Pesso, Albert and van Haver. Willy. Het Gekwetste Zelf (The Wounded Self). Leuven, Belgium, 1990

Pesso, Albert and Crandell, John, editors. Moving Psychotherapy - Theory and Application of Pesso System/Psychomotor . Cambridge MA: Brookline Books. Articles by A. Pesso and 18 authors, 1991

Pesso, Albert and Mosher, Tilmann, Structuren des Unbewussten (Structures of the Unconscious). Stuttgart, Germany: Klett-Cotta., 1991

Articles

Pesso, Albert. New Perspectives in the Generation of Movement. Albert Pesso's earliest writing on Psychomotor, 61 pp. 1963

- Pesso, Albert. The Development of a Theory of Psychomotor Therapy, while Adult Degree Program Student at Goddard College, Vermont. 35 pp; edited 1963
- Pesso, Albert and Diane. From Art to Psychotherapy. **Voices: Journal of American Academy of Psychotherapists**. Winter 1975-76. pp.54 – 56
- Pesso, Albert. About Psychomotor Therapy, The Art and Science of Psychotherapy, A journal of the American Academy of Psychotherapists, Volume II, No. 4, 4 pp.
- Pesso, Albert and Howe, Louisa, Two Articles: Psychomotor/Pesso System Psychotherapy, 1981
- Pesso, Albert, and Van Haver, Willy. Diagnose en behandeling. In 'Pesso Psychomotor Therapy'. Therapic Gerechte Diagnostiek. 1985. pp.79 - 86
- Pesso, Albert. Image of the Self and The Body, 1986, 6 pp.
- Wassenaer, J.S., Bolhuis, J., Regnous K., Pesso, A. Van Indruk naar Afdruk: Naar een sensor-psycho-motor model. *Bewegen & Hulpverlening*. 1987 - nr. 3. pp.239 - 250
- Pesso A. Respect for the Body. *Bewegen & Hulpverlening*. 1986, Nr. 4. pp.292 – 298
- Pesso, Albert. Bakker, Bert Psychotherapie en Beweging - Psychomotorische Technieken en Training. Translated and edited by Bert Bakker, Amsterdam, Netherlands, 1976. 196 pp. cf. Bakker, 1976 Dutch Translation of Movement in Psychotherapy
- Pesso, A., Cuvelier, M. Grondbeginselen van de psychomotorische therapie. M.S. Leuven, Vol.7, Nr. 2, 1976, pp 114 - 123.
- Pesso, Albert and Howe, Louisa. Approaches Utilized in Psychomotor Therapy
- Pesso, A. Reparenting in Pesso System Psychomotor. 1979
- Pesso, Albert. Hope - Unpublished Manuscript. 200 pp. 3 Structures
- Pesso, Albert. Psychomotor/Pesso System Psychotherapy. Fifth World Conference of Therapeutic Communities at The Hague, Netherlands. 5 pp. also published in two articles by the Psychomotor Institute, Boston MA. 1980
- Pesso, A. The Body and its Action as Symbolic Expression in Psychomotor Therapy, 1980

- Pesso, A. Example of a Structure. 7 pp. 1981
- Pesso, A. Albert Pesso over de Pesso Psychomotor Therapy, in Tijdschrift voor Psychomotorische Therapie. pp. 94 – 105, 1982
- Pesso, A. Example of a PS Interaction of Structure. pp 15, 1982
- Pesso, A. Why a Child Needs Two Parents to Raise It. pp 3. 1983
- Pesso, A. Touch and Action: The Use of the Body in Psychotherapy. Presented at the Sixth World Congress of Psychomotoricity, Den Haag, Netherlands. Also published in *Bewegen en Hulpverlening*, 1984 pp 254-259, and *Pesso Bulletin (The Netherlands) Nr. 1*, pp. 30 – 34, 1984
- Pesso A. Introduction to Pesso System Psychomotor, transcribed by Claude Marchessault, Franklin NH: PS Press. 6 pp., 1984
- Pesso, A. Abuse. from Moving Psychotherapy, Theory and Application of Pesso System Psychomotor Therapy, edited by Albert Pesso and John Crandell, Cambridge MA: Brookline Books, pp 169 – 18, 1984
- Pesso, A. and van Haver, W. Diagnosis and Treatment in Pesso Psychomotor Therapy. Lecture at the Winterkonferentie, Vlaamse Vereniging van Klinische Psychologen. Diagnose en Behandeling in Pesso Psychomotor Therapie, by Ponjaert, Ingrid, and Vertommen, Hans, Editors of *Terapiegerichte Diagnostiek*, Acco/Leuven 1985. German translation by Charlotte Aebersold and Martin J. Howald: Diagnose und Behandlung in der Pesso Psychotherapie, Basel, Switzerland, 1985
- Pesso, A. Mapping the Future. 11 pp. 1984
- Pesso, A. The Wounded Self. 9 pp. 1984
- Pesso, A. People Who Have Been Victims of Abuse. 5 pp. 1984
- Pesso, A. Physical and Sexual Abuse. 2 pp. 1984
- Pesso, A. Ideas on Interplay Between Unconscious Body Emotions and Ego Processes. 3 pp. 1984
- Pesso, A. Incest. 3 pp. 1984
- Pesso, A. Magical Marriage. 6 pp. 1984
- Pesso, A. About the Body. 3 pp. 1984

Pesso, A. Polarities of the Soul. 3 pp. 1984

Pesso, A. Ego Function and Pesso System Psychomotor Therapy. Interview transcribed by Lowijs Perquin, MD and edited by Lowijs Perquin, Gus Kaufman and Albert Pesso. 10 pp. 1985

Pesso, A. Working With Suicidal Clients from Moving Psychotherapy, Theory and Application of Pesso System/Psychomotor Therapy. edited by Albert Pesso and John Crandell, Cambridge MA: Brookline Books, 1991 pp. 199 – 204

Pesso, A. How Do I Define the Ego. 3 pp. 1985

Pesso, A. The Image of the Self and the Body. Presented at a Plenary Session of the Seventh World Congress of Psychomotoricity, Zurich, Switzerland, May 2, 1986, 6 pp. Translated into French, 1989: Image de Soi et Corps by Martin J. Howald

Pesso, A. Dramaturgie des Unbewussten - Eine Einfuhrung in die psychomotorische Therapie Kozepte der Humanwissenschaftler - Modelle fur die Praxis, Stuttgart, Germany: Klett-Cotta, 1986, translation and introduction by Tilmann Moser. Translation of Staging the Unconscious by Albert Pesso and John Crandell, Moving Psychotherapy, 1991 chapter 11. Book Review by Lowijs Perquin in Pesso Bulletin (Netherlands) 5/1989, Nr. 3, pp. 23 - 29

Pesso, A. Ego Development and the Body. 7th International Congress for Psychomotoricity: Le Corps et le Regard, Nice, France 1986. Also published in Bewegen en Hulpverlening, 5/88, 239 - 248. Also Pesso Bulletin (Neth.), 1989, Nr. 1. pp.29 - 38

Pesso, A. Sexual Abuse, the Integrity of the Body. Diagnostic and Therapeutic Implications. Pub. in Bewegen en Hulpverlening, 5/1988, 2700 – 28; Also Pesso Bulletin (Neth.) 1989, Nr. 2, pp.5 - 16. 1988

Pesso, A., Effects of Pre- and Perinatal Trauma. German translation 16pp. 1990

Pesso, A., Center of Truth, True Scene and Pilot in PS/P. Pesso Bulletin (Neth.) 1990. Nr 2, pp.13 - 21., 1990

Pesso, A. and van Haver, W. Het Gekwetste Zelf. 1990

Pesso, A., Perquin, L. Sexual Abuse, the Integrity of the Body. Diagnostic and Therapeutic Implications. Dutch translations in Pesso Bulletin (Neth.) 6/1990, Nr. 1, 6 - 21 and Bewegen en Hulpverlening, 1988, pp.270 - 281

Die Wirkung von pra- und perinataler Traumatisierung. German translation of 1990.a. Lecture at the "2.Heidelberger Arbeitstagung der Internationalen

Studiengemeinschaft für pränatale und perinatale Psychologie und Medizin (DSPPM), 15 June 1990 at Heidelberg. Ludwig, Janus (editor):
Erscheinungsweisen pränatalen und perinatalen Erlebens in den psychotherapeutischen Settings Teststudio Gross, Heidelberg, Germany

Körper, Seele, Ego und "Pilot" in der psychomotorischen Therapie. German Translation of 1990.c by Dagmar Hoffmann-Axthelm in: Dagmar Hoffmann-Axthelm (Editor): Der Körper in der Psychotherapie, Körper und Seele Bd. 2, Eine Schriftenreihe der Schweizerischen Gesellschaft für Bioenergetische Analyse und Therapie (SGBAT) TransForm Verlag, Oldenburg, pp.90-101

Pesso, A., Wassenaar, Han. The Relationship Between PS/P and a Neurobiological Model. Lecture at the University of Groningen, June 1, 1988. Moving Psychotherapy, Theory and Application of Pesso System/Psychomotor Therapy. Edited by Albert Pesso and John Crandell, Cambridge MA: Brookline Books, 1991, pp. 33-40

Pesso, Albert and Crandell, John, editors. Ego Function and Pesso System/Psychomotor Therapy, from Moving Psychotherapy, Theory and Application of Pesso System/Psychomotor Therapy, Brookline Books, Cambridge MA, 1991, pp. 41 - 49

Pesso, Albert and Crandell, John, editors. Ego Development in the Possibility Sphere from Moving Psychotherapy, Theory and Application of Pesso System/Psychomotor Therapy, Cambridge MA: Brookline Books, Cambridge MA, 1991, pp 51 – 58

Pesso, Albert and Crandell, John, editors. Developments in Psychomotor - An Interview with Al Pesso by John Crandell from Moving Psychotherapy, Theory and Application of Pesso System/ Psychomotor Therapy, Cambridge MA: Brookline Books, 1991, pp 97 - 113

Pesso, A. Editing of The Development of a Theory of Psychomotor Therapy, 1992

Pesso, Albert. The Realization of Hope. 1997

Pesso, Albert. PBSP Perspective on Wilhelm Reich, Written for the Conference on the Commemoration of 100th Anniversary of Wilhelm Reich, held at Sao Paulo, Brazil, August 25-28. 1997

Pesso, Albert. Self Regulation, Labor and Democracy, Written for the Conference on the Commemoration of 100th Anniversary of Wilhelm Reich, held at Sao Paulo, Brazil, August 25-28, 1997

Partial List of Lectures , Programs and Presentations

1964

Workshop: **Psychomotor Therapy**. MIT, Sloan School of Business.
Cambridge, MA (invited by Warren Bennis)

1970

Workshop: **Psychomotor Therapy**. Aureon Institute, New York NY

1st Annual New England Institute in Psychomotor Therapy, Salve Regina
College, Newport By-the-Sea, Newport RI -June 29 - July 2, 1970

1973

Intensive programs: Psychomotor Institute, Boston MA

1975

Training Institute: Continuing Education of the Therapist. The American
Academy of Psychotherapists Training Institute and Annual Conference. Atlanta,
Georgia. Oct. 1-5

1976

Five Workshops: Jan – May, conducted for students and faculty Lake
Grove School, NY

Workshop: Fielding Institute, NC

Workshops for Oasis: Feb 14 - 15, April 10 - 11, May 8 - 9, and June 12 - 13.
Chicago IL

Workshop : Judy MacMillan Group - Feb - Charlotte NC

Workshop: Tom Pace Group - March - Denver CO

Workshop: Eric Marcus Group - March 18 - 19 Los Angeles CA

Workshop: Psychomotor Institute - March 28 - April 2 - Boston MA

Workshops: Harsches Group - An Open Space -April 24 -25 and June 5 -6

Presentation: Eastern Regional AHP Conferences in Atlantic City NJ

Workshop: Pine River Training Center and Georgia State Graduate
Psychology students, May 14 -23. Atlanta GA

Workshop: Nicki Obenhaus Group, June 8-10. St. Louis MO

Professional Workshops: PBSP Three Year Training Program and Dutch Psychomotorisch Organization, June 21 -24: Amsterdam & June 26 - July 1, Orvelte, Netherlands

Program for E.F.M.G. July 2 –7, Brussels, Belgium

Program for Aline Mantel Group. July 12 -14. Paris, France

Program for Quaesitor . July 18 -23. London, UK

Workshop for Seminars in Group Process, Aug 4 - 5. Portland OR

Program for Esalen Institute, Aug 8 -13. Big Sur CA

Closed Workshop for Fielding Institute. Aug 15 - 16. Santa Barbara CA

3 hour Presentation : AHP Conference. Aug : Princeton NJ

Workshop for the Dept. of Psychiatry's Group Psychotherapies Training Program: Sept 10 - 11 - 12. Durham NC

Workshop: Pine River Training Center. Sept 18 -26 - Atlanta GA

Workshop: Bill Friedman Group, University of North Carolina, Oct 10, Chapel Hill NC

Workshop: New England Center, Oct 16 -17. Amherst MA

Opening session of the Training Institute and Annual Conference of the American Academy of Psychotherapists: '**A Moving and Touching Experience**' - October 26. Boston MA

1977

Seghers Training Foundation. Cross-cultural Program for Personal, Group and Organizational Growth, Estepona, Malaga, Spain, Nov 30 -Dec 3,1977

1978

Workshop: Stichting Foundation Center, Amsterdam, Netherlands. Group from Dutch Psychomotor Association -Jan 26 - 29

Workshop: (PBSP) at Franklin NH - Fielding Institute, Jan 18 -19

Workshop: Minneapolis MN - Wilmer Larson Group, March 14 -15

Workshop: Chicago IL -Wilson Young Group, March 18 -19

Workshop: Entayant Institute, Centerport NY, March 25 - 26

Professional Workshops: several programs, Pine River Center, J. Damgaard Group, Atlanta GA, March 28 - April 9

Presentation: Eastern Region AHP, Atlantic City NJ -March 31

Professional Workshop: Northwest Family Training Institute, Seattle WA, April 11 -15

Professional Workshop: Counseling & Human Services, Santa Cruz CA, April 16 -17

Workshop: Wilson Young Group, Chicago IL, June 3 - 4

Workshop: Glenn Shean Group, Williamsburg VA, June 6 - 7

Lecture & Workshop: Channel for Creative Living, Charlotte NC, June 9 -11

Workshop: Counseling & Human Services, Santa Cruz CA, June 16 -18

Workshop: Gestalt Institute, Denver CO, June 20 - 21

Workshop: Nikki Warren-Obenhaus & Barry Shapiro Group, St Louis MO, June 24 -25

1980

Lecture and Workshops: Fifth World Conference of Therapeutic Communities, Noord-wijkerhout, September 1980 at The Hague, Netherlands.

1981

Seminars & Professional Training: Oasis Center, Chicago, IL

1982

Presentation: 12th Annual Eastern Regional Conference AHP, May 7-8-9. Philadelphia, PA.'Reaching Out: Human Relationships in the 80s

1983

Pre-conference Institute. American Academy of Psychotherapists, Minneapolis MN

1984

Introductory PS Workshop: DiMele Center, NY City, Jan 17 & 18 and Subsequent Workshops in March and December 1984

Introductory Workshop: Interface, Newton MA, April 28 and 29

Presentation: Association for Humanistic Psychology, Curry College, Boston MA, August 21 - 26: **'Psychotherapeutic Techniques for Healing and Empowerment'** and Two day Workshop for Post-Conference: **'Relationship of PS to Parenting'**

Presentation: **Introduction to Pesso System Psychomotor**, August 24 - 26, Lenox Institute on 'Movement in Psychotherapy'

Open Introductory Workshop: New York City, Oct 20 and 21, Helen Hafner and Anne Zanes, organizers

Two Chicago Radio programs; Steve King program and 3 hour Ed Schwartz Talk Show discussing **PS/P as an Emotional Re-educative Process**

Keynote Speaker: International Primal Association: **'Healing the Wounded Self'**, Sept 1, Appel Farm NJ

Workshop: sponsored by Gus Kaufman, Atlanta GA Sept. 7 - 9

1985

Presentation: Plenary Session of Fifth World Conference of Psychomotoricite. The Hague, Netherlands

Workshop: Acton Health Associates, Acton, MA.

1986

Untangling Knots: Recurrent Issues. Introduction and experience with the Pesso System Psychomotor Therapy. American Academy of Psychotherapists, Ritz Carlton, Buckhead, Atlanta, Georgia. Oct. 22-26.

1987

Professional Training Workshop: BODYnamic Institute, Copenhagen, Denmark

Experiential Workshop: The DeSisto Schools. Stockbridge, MA. Dec. 15-17.

1988

Professional Training Workshop: BODYnamic Institute, Copenhagen, Denmark.

Experiential Workshop: The Desisto Schools, Howey-in-the-Hills, FL
Jan. 18-20

Experiential Workshop: The Desisto Schools, Stockbridge, MA. Sept. 19-
21

Experiential Workshop: The Desisto Schools, Stockbridge, MA. Dec. 6-8.

Experiential Workshop: The Desisto Schools. Howey-in-the-Hills, FL.
Feb. 16 & 17

1989

Professional Training Workshop: BODYnamic Institute, Copenhagen, Denmark

Workshop: Kern, Sint-Niklaas, Belgium

Workshop: South Carolina Institute for Systemic
Experiential Therapy, Columbia SC

1990

Professional Training Workshop: BODYnamic Institute, Copenhagen, Denmark

Presentation: International Society for Peri and Pre-Natal Medicine and
Psychology. "**The Effects of Pre and Perinatal Trauma**", Heidelberg,
Germany

RINO (Stichting Regionale Instelling Nascholing en Opleiding) Workshop:
'Studiedagen PESSO Psychotherapie'. March 15 –16, Rijswijk, Netherlands.

RINO Workshop: 'Pesso Psychotherapie, May 19-20, 1990. Oost, Netherlands.

RINO Worldshops: '**Touch and Action** - The Use of the body in
Psychotherapy'. '**Respect for the Body**'. '**Ego Development and the Body**'.
'Sexual Abuse - **The Integrity of the Body**.' Oost, Netherlands.

Presentation with Gus Napier: Annual Conference, American
Association of Marriage and Family Therapy. Washington, DC.

Presentation with Gus Napier: Annual Conference, South Carolina
Association of Marriage and Family Therapy Hilton Head Island '**Connections:
Body, Soul, and Systems**' Nov 30 -Dec 2

Eastern Group Psychotherapy Society. '**Psychodynamic and Interpersonal
Approaches to Group Therapy**'. Oct. 19-20, New York NY

1991

Professional Training Workshop. BODYnamic Institute Copenhagen, Denmark

Presentation: Annual Conference of American Association of Sex Educators, Counselors and Therapists, St. Louis MO

Presentation: Southeastern Psychomotor Society (SEPS): **'Symposium on The Use of Psychomotor: Current State and Special Issues'**

Workshop: South Carolina Institute for Systemic Experiential Therapy, Columbia SC

Presentation: Ostmatka-Forellesningene I Psychkia- trilecture Series. May 7, Trondheim Psychiatric Hospital, Trondheim, Norway.

1992

First Pessu System/Psychomotor International Meeting, June 10-13, 1992 at The Faculty of Medicine Building, Vrije University, Amsterdam, Netherlands

Workshop: Ananda Counseling Center, Orlando FL

Lecturer: Southeastern Psychomotor Society. **The Cutting Edge of Psychomotor Therapy**, Ridgeview Institute, Smyrna GA, Jan 4

Professional Training Workshop: South Carolina Association for Marriage and Family Therapy. Sep. 17-29, Columbia SC

Workshop: RINO Lichaamsgerichte Psychotherapie Volgens Pessu Nov 14 - 15, Eelde Netherlands

1993

Presentation: Milton H. Erikson Foundation. **Introduction to PBSP from a Brief Therapy Viewpoint & PBSP With Abuse Victims**, Orlando FL, Dec 8 - 12

Seminar. Psychomotor Institute, **Introduction to Psychomotor for Members of the Helping Professions**, Boston, MA, June 27 - 28

Primary Presenter: Annual Conference, South Carolina Association for Marriage and Family Therapy, **The Dance of Becoming**, Kiawah Island, SC, Dec 2 – 5

Presentation: Fourth European Congress of Body Psychotherapy, Strasbourg, France

Presentation: **Living One's Life Well**. Annual Institute & Conference, Minneapolis, MN, Oct. 5-9

Presentation: American Academy of Psychotherapists. "**Fine Tuning the Instruments of Psychotherapy: Our Skills and Our Selves**", Atlanta GA

Southeastern Psychomotor Society (SEPS) hosts the Second Pesso Boyden System/Psychomotor International Meeting Days, Atlanta GA, April 13 – 16

Lecture and Introductory workshop: The Berlin Institute for Psychotherapy. Berlin Psychoanalytic Institute, Berlin, Germany, Nov. 11-12

Lecture and Introductory workshop: Arbeitsgemeinschaft Fur Integrative Psychoanalysis, Hamburg, Germany. Psychoanalytic Institute, Hamburg, Germany. Nov. 13-14

1996

Third International PBSP Conference, Pesso Vereinigung of Switzerland/Germany (PVSD), Aug. 29-Sept. 2, 1996, Basel, Switzerland.

Conference Institute: National Conference of the United States Association For Body Psychotherapy: "**Mind the Body, Unbind the Soul**". Peabody MA

Conference Institute: Conference on Psychological Trauma, Harvard Medical School, Department of Continuing Education: **Psychomotor Therapy**. Boston, MA

1997

Presenter: Trauma Conference, Naropa Institute: **Psychomotor Viewpoint on Trauma Treatment**. Boulder CO

Lecture: Washington Area Psychomotor Society: **Reading the Body - Freeing the Mind**. Bethesda MD

Presentation: Congress on 100th Birthday of Wilhelm Reich: **PBSP Perspective on Wilhelm Reich, and Self Regulation, Labor and Democracy**. Sao Paulo, Brazil

Co-Presenter: (with Diane Boyden-Pesso). HRI-Arbour Hospital, Special Eight session training program in **Psychomotor**. Brookline, MA

1998

Workshops: **Executive Development and Personal Mastery**. New York NY

Lecture: **Psychomotor (PBSP) for Mental Health Clinicians**, NY Society

For PBSP. New York, NY

Guest Lecturer: **Psychoanalysis Enacted :Re-experiencing the Old, Constructing the New.** Three Ripley Street. Newton MA

Conference Institute: **Psychomotor Therapy.** Conference on Psychological Trauma, Boston University School of Medicine. Boston MA

Conference Institute: **A Sampling of How to Mind the Body to Unbind the Soul using PBSP.** USABP, United States Association for Body Psychotherapy, Boulder CO

Training workshop. **PBSP for Drug Abuse Treatment.** City of Baltimore, Baltimore Substance Abuse Systems, Inc. Baltimore, MD

Presentation. **Ending Cycles of Violence.** Annual Conference, International Society for Traumatic Stress Studies, Washington, DC

Presenter: **Healing the Self through Body/Mind Interaction.** Conference, The National Institute for the Clinical Application of Behavioral Medicine, The Psychology of Health, Immunity and Disease. Hilton Head Island, NC

Institute and Presentation: Kongress der Deutschen Gesellschaft für Körperpsychotherapie **Mind the Body--Unbind the Soul.** Berlin, Germany

Conference Institute and Presentation: **PBSP: The Cutting Edge.** Annual Conference United States Association for Body Psychotherapy. Boulder, Colorado

1999

Lecture: 'Einführung in die Pesso-Therapie'. Institut für Schulenbergreifende Psychotherapie, Vienna, Austria, March 5-7

Special Executive Development Program: Workshop for top-level business executives. Ghent, Belgium, Mar 26-28

Preconference Institute: Trauma Conference, Boston University School of Medicine, Department of Psychiatry. April 8

Lecture: Winchester Medical Center, Behavioral Health Services, Winchester VA, May 7

Lecture: Portsmouth Family Institute, Portsmouth NH, June 4

Lecture and Demonstration: Annual Conference of The International Transactional Analysis Association, San Francisco, CA, August 20

Presentation: Annual Conference for the European Association for Body Psychotherapy, Travemunde, Germany, Sept. 2-6

Special Executive Development Program: Workshop for top-level business executives, New York NY, Sept. 13-15

Special Executive Development Program: Workshop for top-level business executives. Ghent, Belgium, Oct. 22-24

Training: Massachusetts Mental Health, Department of Continuing Education, Short term training for professional therapists. Boston MA, Nov. 19-20

Grand Rounds Lecture: “**Stages and Screens**”, Boston University Medical School, Department of Psychiatry, November

2000

Presentation: “**Introduction to PBSP**”, Esalen Institute. Big Sur CA, Jan. 7-9

Pre-conference Institute: Trauma Conference, Boston University School of Medicine, Department of Psychiatry. Boston MA, Mar. 9

Special Executive Development Program: Workshop for top-level business executives. Ghent, Belgium, Mar. 24-26

Lecture and Presentation: Second Annual Conference of the United States Association for Body Psychotherapy. Los Angeles CA June 7-12

Special Executive Development Program: Workshop for top-level business executives. Ghent, Belgium, Oct. 13-15

2001

Pre-Conference Institute: Trauma Conference. Boston University School of Medicine, Department of Psychiatry, Mar. 22

Special Executive Development Program: Workshop for top-level business executives. Ghent, Belgium, May. 12-14

Special Couples Group: Munich, Germany Nov. 2-4

Presenter: Trauma Conference Featuring Albert Pesso on the “**Application of Pesso Boyden System Psychomotor (PBSP) in the Treatment of Trauma**”, Institute for Integrative Family Therapy, Munich Germany, Dec. 1-2

2002

Special Executive Development Program: Workshop for top-level business executives. Ghent, Belgium, March 24-26

Pre-Conference Institute: Trauma Conference. Boston University School of Medicine, Department of Psychiatry, “**Pesso Boyden System Psychomotor Therapy**”, May 30

Major Presenter, 6th International Congress of Body Psychotherapy, Ischia, Italy, “**New Body Mind Memories = New Future**”, October 30

2003

Professional Training Program, Hofstra University Annual Marriage and Family Therapy Conference, Co-sponsored by The New York State Association for Marriage and Family Therapists, “**Getting in Touch: Using Body Centered Therapies with Couples and Families**”, April 10

Special Professional Training Program for Psychotherapists, Montpellier, France, July 28-30

EABP, European Association for Body Psychotherapy, Kongress der Deutschen, Gesellschaft für Körperpsychotherapie, "Körper-Seele-Selbst" One day presentation, “**Holes in Roles**” and panel member of Pioneers of Body Psychotherapy, Berlin, Germany September 18-21

One Day program for Professional Psychotherapists, IBP Institut, Winterthur, Switzerland, “**Holes in Roles**”, November 14

(PBSP) Organizations

Pesso Boyden System Psychomotor

Lake Shore Drive,
Franklin NH 03235
(603) 934-5548
Fax: (603) 934-0077
Email: pbsp1@aol.com
Website: www.pbsp.com

Southeastern Psychomotor Society - SEPS

c/o Gus Kaufman, Jr., Ph.D.,
1834 Clairmont Rd., NE,
Decatur, GA 30033
404-875-8777.
GKaufmanJr@aol.com

Southern Center for Pesso Boyden System Psychomotor Psychotherapy
2150 Park Avenue North
Winter Park FL 32789
407-645-0028

Deborah Willbur, LCSW, ACSW
Email: Psydaw@cs.com

Sandy Canfield, LMHC
Email: Relate2u@aol.com

North Central Psychomotor Society
Jim Amundsen, Ph.D.
366 Prior Ave. No., Suite 10
St. Paul, MN 55104
612-649-0984
Email: jamundsen@mn.rr.com

New York Psychomotor Society
Matt Fried, Ph.D.
171 West 79th St.
New York, NY 10024
212-877-3147
Email: mattf@aol.com

Portia Franklin, CSW
55 West 14th Street, Apt. 10 G
New York, NY 10011
Tel: 212-741-0719
Email: Portia47@msn.com

Columbia SC Center for PBSP
Ruthann Fox-Hines, PhD
2810 Monroe Street
Columbia SC 29205
803-777-5223
Email: foxhines@mindspring.com

New England Center for PBSP
Katherine Stevens Westmoreland, M.S., M.Ed.
6 Blue Wave Mall
Kennebunk ME 04043
207-985-2511

Birmingham AL Center for PBSP

Adult and Child Development Professionals
2305 Arlington Avenue
Birmingham AL 35205
205-933-9276

Robbin McInturff
James Cotton, M.Ed.
Email: jcotton218@aol.com

Nederlands Vereniging voor Perso Psychotherapie
Ad L'Abée
Saffraan 3-a
8101 DH Raalte
Netherlands
Tel: 31-572 352 679

Lowijs Perquin MD
31-20-673 5234
Email: LPerquin@wxs.nl

Pesso-Vereinigung Schweiz/Deutschland (PVSD)
Marc Walther, M.D.
Känzeliweg 8a
CH-4500 Solothurn, Switzerland
Tel: 41-65 21 35 26
Email: waltfam@bluewin.ch

Flemish Association for PBSP
Willy van Haver, Ph.D.
Regentiestraat 15
Sint Niklaas, Belgium
Tel: 32-3777-4596
Email: willyvanhaver@hotmail.com

Norsk Forum av PBSP Psykoterapi
Magnhild Kvamsdal Hope, Ph.D.
Ark. Steckmestsv. 6 a
0198, Oslo, Norway
Tel: 47-22-29-09
Fax: 47-22-29-42
Email: magnhildkh@hotmail.com

Copenhagen Contact for PBSP
Jorn Hansen
Basnaesvej 13

2700 Bronshoj, Denmark
Email: jorn.h@vip.cybercity.dk
website: <http://www.jorn-h.dk/>

Trondheim Contact for PBSP

Odd Harald Rokenes
Kong Inges Gate 23
N 7017 Trondheim, Norway
(H) 47-739-31969
(W) 47-738-28200
Fax: 47-738-28201
Email: ohr@ahs.hist.no
Webpage: <http://www.ahs.hist.no/~pbsp>

Brazillian Contact for PBSP

Rubens Kignel
Instituto Brasileiro de Biosyntese
Rua Pascoal Vita 682
Sao Paolo, Brazil, SP 05445 001
55-11- 8703221
Email: rkignel@u-netsys.com.br

On Going Programs

Long Term Training Programs: Albert Pessa leads long term training programs in Psychomotor for psychiatrists, medical doctors, psychologists, psychotherapists and clinical social workers in Switzerland, Germany, Belgium, Denmark, The Netherlands, Norway, The Czech Republic and Brazil. In the United States, he leads long-term training programs in New York City, Minneapolis, Minnesota, Columbia, South Carolina, Asheville, North Carolina, Norfolk, Virginia and Winchester, Virginia. Albert Pessa also leads Training Programs for Professionals in Franklin, New Hampshire each summer as well as Supervision programs for psychotherapists in training.

Experiential Programs: Albert Pessa leads Psychomotor (PBSP) Experiential Programs throughout the year in Franklin, New Hampshire as well as other locations throughout the USA and Europe.

In Progress

Albert Pessa is working on several creative projects including a computer slide and video presentation of theories and techniques, and is collaborating with Diane Boyden-Pessa, in the development of multi media training capsules for

Psychomotor Therapy training that will facilitate the learning process. Al and Diane, with the assistance of the Psychomotor Institute and the rapidly expanding network of Psychomotor organizations and individuals, are developing systems and materials for safe-guarding and maintaining the essential principles and high standards of Psychomotor for future generations.

Currently

He is currently completing a book *Holes in Roles* addressing the application of PBSP principles to family system fissures and fractures.

He is also involved in the data evaluation process in a brain research study in Prague using fMRI scanning technology to measure the effects of PBSP on clients with a history of trauma.